

# EXCEPTIONAL CARE IN THE COMFORT OF HOME

Since 1994, Pegasus Home Health Care has been a trusted provider of in-home care. Licensed by the state and certified by Medicare, Pegasus is a dependable resource for both *medical and personal care services*.

With many people preferring to receive care at home, rather than in a nursing home, our team of medical professionals is able to provide the same high level of care that was once only available in a hospital setting.

**Care Transitions** - Pegasus works closely with physicians, hospitals and pharmacies to ensure that your transition from a hospital will be seamless. Our team of nurses specialize in highly skilled services such as, IV infusion, wound and



ostomy care. In-home nurses play an essential role in ensuring safe transitions between care settings as they provide additional support and education for patients and their family members.

In addition to nursing care, Pegasus Home Health Care offers in-home physical therapy, occupational therapy, speech therapy, medical social workers and certified home health aides. With

our full range of services, our goal is to assist patients in realizing their maximum rehabilitation potential and preventing the likelihood of a re-hospitalization.

**Pegasus Personal Care Services** - At some point in life individuals of all ages need some extra support. Whether it's helping an aging family member live safely and independently in their own home or helping out new moms and working parents, Pegasus Personal Care is the right choice. We will tailor a program of services specifically designed to suit the unique needs of you and your family.

**Supporting Family Caregivers** - In addition to caring for the client, a personal caregiver provides comfort and security for the entire family. Many families rely on one another to care for their loved ones. This is often a stressful

job that may harm the health and well-being of the family caregiver.

Reaching the point where one recognizes the need for help is one of the biggest challenges for families. After all, who of us wants to give up our independence? Not to worry, the Pegasus Personal Care team is sensitive to the concerns that many individuals have about getting started. We will be happy to talk with you and provide all of the information necessary to make an informed decision about hiring a caregiver.

Pegasus will arrange for you to meet our caregivers beforehand and we will work with you to set a schedule that is just right. With no weekly minimums, we make it easy to try out the service.

**Safety and Security** - To ensure your safety and protection, it is important to work with a company that is licensed by the **California Home Care Services Bureau**. Doing so will ensure that the company you are hiring has met strict criteria for hiring, training, screening and insuring caregivers. While we understand that many families have chosen to hire privately it is essential to be aware of the risks when engaging in these informal arrangements.

As of 2016, individuals in the state of California are required to comply with the same employment laws that apply to businesses. This includes paying the minimum wage (\$12/hr. in Los Angeles County), overtime and employment taxes. When working with Pegasus, families can rest assured that all employment laws are obeyed and you are protected from Worker's Compensation claims. In addition, Pegasus manages the caregiver schedules and we have back-up staff for instances where caregivers require a day off.

Helping individuals maintain their independence and the lifestyle they enjoy in the comfort of their own home is at the core of what we do. After 23 years, Pegasus Home Health Care is still independently owned

by Pamela Spizman, RN and her daughter, Kimberly Moss. Both are experienced health care professionals who have dedicated their lives to caring for patients and their families.



**Kimberly Moss,**  
V.P. & C.O.O.

132 N Maryland Ave, Glendale  
**(800) 551-1939 or (818) 551-1932**  
[www.pegasushomecare.com](http://www.pegasushomecare.com)

